

Vanilla  
Flavor



# Movin Powder

A Comprehensive & Balanced  
Nutritional Supplement



*Specially  
Formulated*



**Dosage:** To prepare one 225 mL serving: pour 190 mL of room temperature or cold water into a cup and gradually mix in 5 leveled scoops or 48.6 g of Movin Powder.

Nutritional Formula For  
**Pregnant & Lactating Mothers**

# Movin Powder

Movin Powder is a comprehensive and balanced nutritional supplement specially formulated for pregnant and lactating mothers.

Movin Powder boasts a spectrum of vital vitamins, Vitamin A fosters healthy vision, immune function, and skin health, Vitamin D3 promotes calcium absorption, crucial for bone health and Vitamin E, an antioxidant, guards against cellular damage, while Vitamin K2 contributes to proper bone and cardiovascular health.

The array of B vitamins present in Movin Powder is a true boon for women's health. Folic acid is vital for fetal development during pregnancy, reducing the risk of neural tube defects. Vitamin B complexes collaborate to support energy metabolism, nerve function, and cognitive health.

Inclusion of minerals like sodium chloride and potassium chloride contribute to electrolyte balance, crucial for maintaining proper bodily functions. Zinc and copper sulfate are powerful antioxidants, safeguarding cells against oxidative stress and iron bisglycinate helps prevent iron deficiency anemia, common among women.

## Composition:

Each 200g contains

Vitamin A	300 IU
Vitamin D3	75 IU
Vitamin E	1.2 IU
Vitamin K2	5 mcg
Vitamin C	7 mg
Folic Acid	15 mcg
Vitamin B1	100 mcg
Vitamin B2	150 mcg
Vitamin B12	0.2 mcg
Vitamin B3	1000 mcg
Vitamin B5	450 mcg
Biotin	4.5 mcg
Sodium Chloride	20 mg
Potassium Chloride	100 mg
Calcium Carbonate	80 mg
Zinc Sulfate	0.75 mg
Copper Sulfate	90 mcg
Potassium Iodide	5 mcg
Sodium Selenite	2 mcg
Magnesium Oxide	5 mg
Iron Bisglycinate	1.5 mg
Manganese Sulfate	5 mcg

## Benefits:

- Improves baby weight at birth and provides all essential micronutrients for provision of optimal growth conditions.
- Contributes to efficient brain functioning and brain development.
- Enables quality milk production leading to improved growth and health of baby.

### HEAD OFFICE

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