

Greelac

Fenugreek 610 mg

Greelac, your comprehensive lactating supplement designed to support and enhance your milk production journey. Empower your breastfeeding experience with Greelac's carefully formulated blend of nutrients, tailored to nourish both you and your little one.

Greelac is a helpful remedy for lactating and nursing mothers experiencing challenges with milk production, also improves the nutritional quality of breast milk as it is rich in nutrients such as vitamins, minerals, and antioxidants, which benefits both the nursing mother and the infant.

Fenugreek seeds contain compounds such as diosgenin, which mimic the effects of estrogen and prolactin, hormones involved in milk production.

Galactagogues are substances that promote lactation, help stimulate the mammary glands to produce more milk. Fenugreek has been used for various health purposes beyond lactation support, including anti-inflammatory, antioxidant, and antimicrobial properties, also helps regulate blood sugar levels, improve digestion, and support postpartum recovery in nursing mothers.

BENEFITS:

- Boosts milk production.
- Enhances nutrient content in breast milk.
- Supports healthy weight gain in babies.
- Improves maternal and infant health.
- Encourages bonding between mother and baby.
- Promotes confidence and success in breastfeeding journey.

COMPOSITION:

DOSAGE:

Each capsule contains: Fenugreek - **610 mg** 1 Capsule daily with meal, or as directed by physician.

HEAD OFFICE

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