

FOL Chew

L-Methyl folate



Helps in formation of red blood cells

Used to treat anemia

Helps to treat renal & hepatic impairment

Improves Brain Health

Improves fertility outcomes

Supports a Healthy Pregnancy

Each chewable tablet contains
L-Methyl folate

400 mcg



Nature's Gift to You: **FOLCHEW** for healthy you



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Nurturing Mind and Body: Embracing the Benefits of FOL Chew Tablets

L-Methyl Folate

Fol chew is a leading product of high-quality, precision and efficacious dietary supplement centered around the nutrient L-methylfolate. Certain genetic changes make it harder for the body to convert folic acid into the active form L-methylfolate, in these situations taking a supplement with L-methylfolate can be helpful.

We as makers know that **Fol** chew is not the only L-methylfolate option available to patients out there. Medical foods, such as DEPLIN, also name L-methylfolate as the active ingredient for the healthy production of neurotransmitters .

Medical foods such as DEPLIN and many others are problematic as they are full of other preservatives, fillers, dyes, and toxins, they are astronomically expensive. Of course, they also require a prescription and potential trips to the pharmacy for regular refills. **Fol** chew, on other hand, has many added benefits delivers pure L-methylfolate, is more affordable than prescription products, can be purchased online and delivered directly to the consumers as well.

Also;

- No prescription needed
- Flexibility in various strengths and formulas
- Same active ingredient
- Can be purchased direct by patient
- Fraction of the cost

Folic acid is a man-made version of folate, which is a **B-vitamin** and is highly essential for creating healthy cells, especially red blood cells.

L-methylfolate is crucial for various functions in the body;

- Cellular function
- DNA synthesis
- Methylation (a process involving the addition of a methyl group to DNA, proteins, or other molecules)
- Production of neurotransmitters i.e., serotonin, dopamine, norepinephrine.

Women of childbearing age should get enough folic acid either through their diet or supplements to prevent spinal cord birth defects in infants. This leads to high levels of a certain amino acid in the blood called **HYPERHOMOCYSTEINEMIA**.

Dosage:

1-2 tablets daily or as advised by physician

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